



Kotara South Public School



150 Rae Crescent Kotara South 2289
Email: kotarasth-p.school@det.nsw.edu.au
Website: www.kotarasth-p.schools.nsw.edu.au

Term 3 Week 5 11 August 2015

What's Coming Up.....

This Week:

Wednesday: P&C Meeting

Thursday: Stage 2 Sydney Excursion, Touch Footy

Gala Day

Sunday: P&C working bee

Next Week:

Monday-Friday: PSSA Girls Touch Footy

Welcome to 2016 Parents

Thanks to parents who attended the Kindergarten Orientation – Parent Session this morning. It was a wonderful opportunity to meet you and let you know more about the school to help kindergarten students off to a flying start next year. We look forward to the student orientation sessions on Tuesday 10, Thursday 19 and Wednesday 25 November.

Student Enrolments 2016

The school is currently looking at anticipated student numbers next year. Could you please assist by letting us know if you are leaving the area or if you know of anyone who may intend to enrol at KSPS. This will help planning for a smooth start to 2016.

Silver Principal's Awards

Congratulations to Harry (Y3) and Josh (Y2) who received Silver Principal Awards for their efforts and achievements. It's fantastic to witness the engagement and progress of KSPS students and I know Mr Englefield was pleased to present these awards on my behalf at Friday's assembly.

KSPS Incident Procedures

Following the local incident involving police on Saturday evening, there has been some concern as to school procedures in such instances. Schools conduct regular emergency drills (e.g. evacuation and lockdown) so that eventualities can be safely managed. Risk plans are developed for out-of-school excursions or activities that may involve risks such as fetes or working bees. KSPS works hard to ensure the safety of all students and community members and procedures are documented and evaluated on a scheduled basis.

Long Service Leave

I will be on leave from next Monday 17th August until Tuesday 1st September and am looking forward to some extra family time and travel. Mrs Ward will relieve in my absence and I know the school will be in safe hands through her, the school executive (Assistant Principals, Mr Englefield and Mrs Cox), class teachers and the non-teaching staff. As always, please let KSPS know if you have any queries, suggestions or concerns.

Head lice

Please check your child/rens head as there have been several reports of head lice. For good treatment options and all other relevant information, copy and paste the below website to your browser.

<http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>

Debating and Public Speaking

Congratulations to our Year 5 and Y6 teams who won their debates against Lambton and Charlestown South Public Schools respectively on Wednesday. Special thanks to Mrs Thompson for organising the events and to Mrs McNamara for transporting students.

The interschool public speaking program is underway and details are below. Special thanks to Ms Partridge for coordinating this opportunity for KSPS students and to parents who have assisted throughout.

MARTIN FROHLICH - PRINCIPAL

Public Speaking

Congratulations to our Public Speakers who have represented our school so wonderfully in the 2015 Hunter Inter-District Public Speaking Competition!

Oliver, Sophie, Zali, Luke, Eve, Maeve, George and Anna Rose have travelled to local schools over the past week, to speak at the regional finals. Our students spoke confidently against some tough competition and should be very pleased with their performances.

I would like to extend a huge thank you to the parents and family members who helped to prepare the children and transported them to and from their speech location. It could not have been done without you!

We are extremely proud of our amazing speakers and they will each be congratulated with a special certificate at this Friday's assembly.

MS PARTRIDGE - PUBLIC SPEAKING COORDINATOR

Chess Gala Day

Well done to our 8 students who competed in the Chess Gala last Tuesday at New Lambton South. Overall our teams performed exceptionally well. Our senior team finished 3rd and junior team 5th. All students played with sportsmanship against high quality players. Ben S managed to complete the day unbeaten, winning all games against his opponents. Thank you to the parents who assisted with transportation.

All parents and community members welcome to:

P&C Meeting tomorrow, Wednesday

12 August 7pm

Please come along and have your say!

Math High School Transition Day

Last Thursday, Year 6 students participated in their first transition day with Kotara High School. The day had a special focus. The students were given the opportunity to become familiar with the surroundings and experience high school structure. Also, students spent time working with a Year 8 mentor, solving challenging Math problems. This was part of a transition project driven by teachers of local schools in collaboration with the high school. It hopes to assist with the transition to high school, in particular in the area of Mathematics.

Touch Football Gala Day

The majority of Stage 3 will be participating in a NSW Touch Football initiative - "come try touch" this Thursday at the Newcastle City Touch Fields. The day is aimed at introducing the fast pace sport of touch to students. The Junior Touch season is fast approaching. For further information speak to Mr John.

Colonial Day

The time is nearing where Stage 2 and 3 students will step back into their Colonial Past. Like years gone by, the students will experience a colonial classroom, listen to tales from a bush ranger, watch a hearing in the old Bailey and many more activities. We are seeking any colonial items which could be displayed as this would assist in making the day as authentic as possible. Please speak to any of the Stage 2 or 3 teachers.

PAUL JOHN - CLASS TEACHER

Merit Awards

Congratulations to the following students who received awards at last week's assembly.

KC

Tenzin, Lily, Emma

KF

Leila, Mitchell, Rose

1V

Oscar, Alexander, Jessica

1W

Toby, Oliver, Brittney

2G

Lucas, Patrick, Elissa

2MG

Tom, Rosie, Cooper

3E

Kaihem, Ruby, Nate

3P

Khushinka, Charlie, Chase

4E

Amelia, Bella, Kade

5/6J

Cooper, Angel, James, Jacob

5/6P

Jalissa, Harrison, Talitha

5/6W

Hannah, Bailey, Ben

HSUB

Lachlan

Canteen News

Hello from the canteen for another extraordinary week. Once again a HUGE thank you for all your support. Wow the homemade *Eat Fresh Deals* have been a big seller!

This week I have obtained supa fresh FREE RANGE eggs from a private farm in Hinton.

Eat Fresh Deal \$1.50

Egg and lettuce sandwich/wrap or roll (have it curried for no extra cost).

This week's specials

Cheezy Pie \$3.50

1 Thompson cheese pie

1 pkt JJs

1 yogo snappa

Garlic the Chip \$4.00

6 chicken chippies

1 garlic bread (add cheese for no extra cost)

1 milk or juice cup

Thompsons cheese pie on own \$2.20 (not on usual menu) Garlic bread \$1.50 unless on special - Hash browns \$1.00 - Fandangles \$1.60 - Milk cups in chocolate, strawberry and caramel .70c - 100% Berri juice cups .70c - Salad sandwich/wrap or roll have tomato cucumber, cheese, grated carrot and fresh lettuce.

Drumsticks now sold out

FIONA BEST- CANTEEN SUPERVISOR

P&C News

Cadbury Chocolate Fundraiser

Please return all outstanding chocolate money to the office as soon as possible. Before returning your money please check that the correct amount is returned in the envelope. A big thank you to KF and 1W for returning all your chocolate money. Who will the next class be to return all their chocolate money???????

P&C Trivia night is on **Saturday 24 October** at Alder Park Bowling Club. Watch this space for further details!

Uniform Shop

The uniform shop will be opened on **Thursday 13 August – 8.30am to 9.00am**

If you are unable to get to the uniform shop when it is open, please leave your order with money at the office and it will be given to your child to take home.

Like us on Facebook

The P&C now have a Facebook page. Please like us for updates and reminders from KSPS P&C Association.

P&C Meeting

The next P&C meeting will be held on **12 August 2015 at 7.00pm in the school library.**

P&C Dates to remember

12 August, 2015 – P&C meeting

16 August – working bee

24 October – Trivia Night

HELENA TAYLOR - P&C SECRETARY

Become a Volunteer Ethics Teacher at KSPS Public School

Primary Ethics provides the opportunity for NSW public primary school students who don't attend scripture classes (SRE) to participate in philosophical ethics classes.

We have a few vacancies for volunteers to teach Years 1-6 ethics classes in 2016. Ethics classes teach children how to approach ethical issues and develop their capacity for considered moral judgement, which will enable them to respond more thoughtfully to many of the problems and issues they will face in their lives. Volunteer Ethics Teachers are trained to deliver our age-appropriate curriculum every week and to use the accompanying learning and teaching materials.

For more information, please contact:
Valerie Main

Ethics Coordinator for KSPS Public School
4023 8744 or kingvdom@yahoo.com

KSPS Gardens and Grounds Newsletter

Just a friendly reminder that this Sunday the 16th of August we will be having our quarterly Volunteer Day.

Families are invited to get their gloves on and join other likeminded families from 9am through to 11am for some gardening activities.

We hope to mulch an area around the Primary vegetable gardens, undertake some much needed care to the school entrance on Rae Crescent and maybe even undertake a little Bush Regeneration. So bring along a barrow and a shovel, gloves and a hat, some water to drink and a sense of humour as we work together to create a better space for our children.

Matt Playdon,
KSPS Gardens and Grounds Group

HSF

Heidi's Social Fitness
Outdoor Group Training • 0417 456 083

NO ENERGY, FEEL HORRIBLE, STRESSED, FAT, WEAK??

HSF new classes are focusing on more energy to resist fatigue, Stress relief to combat our busy lives, losing body fat, build strength and to make you become the better YOU.

You will need to make a lifestyle change otherwise your goal will never be achieved!

Classes are structured for your own pace and everyone in the group will get personal training session but in a group environment, If you want results this is guaranteed to work. Everyone knows you won't achieve your ideal body weight by doing 1 class a week or less, the best results is 3 times a week.

So here is what I suggest to help you:

SPRING SPECIAL

STARTS: Sept 1st 2015

COSTS: \$80 monthly payment for unlimited classes (\$20 week)

All days throughout September holidays will be on other than Thursday 6pm (waiting for daylight saving- starts Thursday 8th Oct)

Become a member before October and receive \$80 Special for the challenge

KICK START CHALLENGE

There will be optional weigh ins, measurements, food advice and lots of motivation to encourage you.

STARTS: Monday 5th October till 24th Dec 2015

COST: Existing Members \$80 a month (\$20 a week) unlimited classes

New Members \$100 a month (\$25 a week) unlimited classes

PRIZES to be won- there will be monthly memberships to give away to the people who achieved the best results.

DAYS:	Neebitt Park Kotara South	Kotara South Public School	Hudson Park Adamstown Heights
MONDAY	9.30am	6pm	
WEDNESDAY	9.30am	6pm	
THURSDAY	9.30am		6pm (starts 8th Oct)
FRIDAY	9.30am		

If interested please contact Heidi on **0417 456 083**

heidissocialfitness@yahoo.com.au

FACEBOOK: Heidi's Social Fitness

ABN: 65 412 259 018

Looking for **Fitness? Strength? Discipline? Self Defence?**
Looking for **Co-ordination? Self Control? Confidence?**
Looking for **Flexibility? Speed? Respect? FUN?**

Then look no further...

SOUTHERN CROSS TAE KWON DO ACADEMY

Can help...

*For Men Women & Children
(From 5 yrs +)*

Classes at...

CARDIFF

John Young Community Hall
Thomas Street
Mon: 5.30 – 6.30pm

DUDLEY

Dudley Vintage Hall
96 Ocean Street
Tues: 5.30 – 6.30pm

THE JUNCTION

St Josephs School Hall
182 Union & Kenrick St
Tue: 5.45 – 6.45pm

HAMILTON

Hamilton South Public School
Jenner Pde
Thurs: 5.45 – 6.45pm

WALLSEND

Callaghan College
Cnr Minmi & Macquarie St
Mon: 5.30 – 6.30pm



Scan the QR code and check out our website.

4934 2806 or 0403 799 981

www.southerncrosskd.com.au

UnitingCare Adamstown Heights Playcentre

- Quality inclusive playcentre for babies to three-year olds, their families and carers
- Our stimulating program encourages children to learn through play and interact with others
- Community based, not-for-profit service facilitated by an experienced educator
- We promote healthy eating and provide a nutritious morning tea
- Open Tuesday to Friday, 9:30am to 11:30am during school terms.

Please contact Kristy for more information:

T: 4943 6544

E: kboon-kot@unitingcarens.wact.org.au

Corner Northcott Drive & Ellerslie Road, Adamstown Heights



**MEREWETHER SURF LIFE SAVING CLUB
REGISTRATION FOR NIPPERS 2015/16 SEASON**

Season Starts Sunday 18th October 2015 for ALL Nippers
concludes Sunday 6th March 2016

Registrations for current and new members please visit:
www.merewetherslsc.com.au

Open Day/Information Session for U6/U7 group only:
Sunday 11th October 10am - Midday

Merewether Nippers aims to develop social and physical skills in children, whilst providing age appropriate surf education. We hope that this will assist children in safely enjoying our wonderful Australian beaches. The emphasis in younger age groups is on fun, friendship and education, however many children may also develop an interest in the competitive aspect of Nippers and go on to represent our club in future years. There is a great sense of community within the Merewether Nippers Club, for both children and their families.

Come and join us!

www.merewetherslsc.com.au

WHAT'S ON

NEWCASTLE REGION LIBRARY

for kids

Children's Book Week

High Tea with author Belinda Murrell

A special mother/daughter event with Belinda Murrell, author of the *Lulu Bell* series (for younger readers) and historical time slip novels (for readers in upper Primary).

Wed 26 August 4pm

Age: 6-12 yrs.

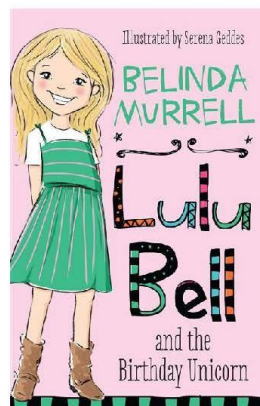
Cost: \$7

Wallsend District Library

Bookings essential

Ph 4974 5340

Books will also be available for
purchase and signing



For more information please call 4974 5300.

www.newcastle.nsw.gov.au/library

